

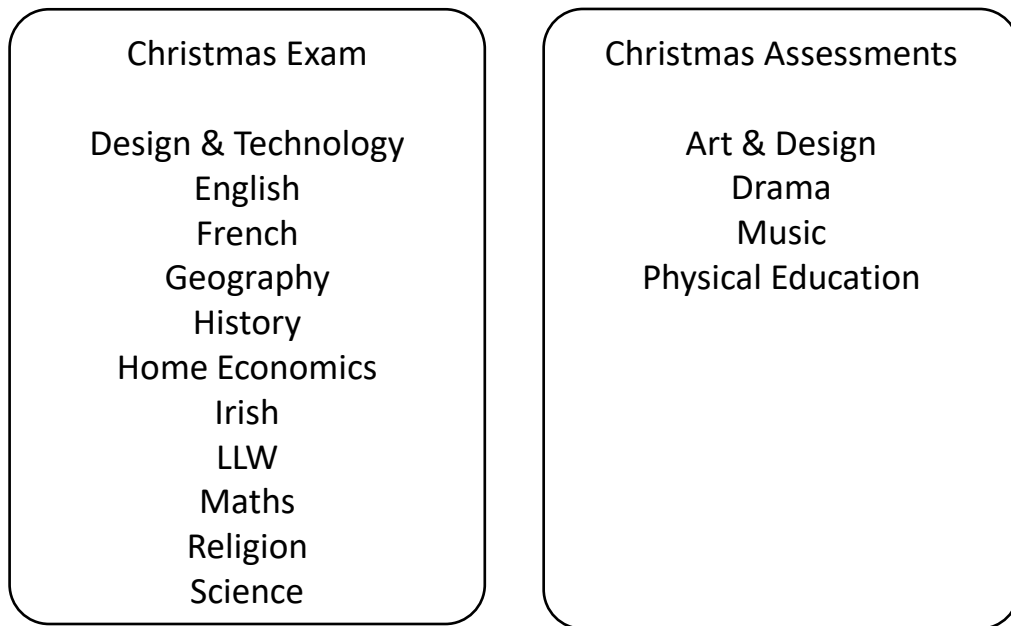
Revision Booklet

Year 10

Christmas 2024



Welcome to the Edmund Rice College Christmas Revision Guide. The assessment window will open on Monday 02nd December for subjects who do not complete Christmas Exams. Exam week however will begin on Monday 09th December- Monday 16th December. In the exam window students will follow an exam timetable instead of attending normal classes. Details of which subjects have Christmas assessments, and which subjects have Christmas exams is detailed in the diagram below.



This booklet not only contains the Christmas revision lists for all subjects, but it also contains some revision techniques to help students prepare for examinations. QR codes will also direct you to the ERC Assessment website for more information on each subject.

It is very important that all students are fully prepared for the examinations, and we would encourage them to come fully equipped with stationery including black pens, pencils, rubbers, rulers, colouring pencils and calculators where required.

All that remains is for us to wish our students the best of luck in the forthcoming exams and for further information please access the ERC assessment website using the QR codes provided.

Revision - Dos and Don'ts



People struggle with revision because there is not one set of instructions that work for everyone. There are revision techniques that can be used as a guide but some techniques will work for you and some won't. There are some common things that you should think about before you set out to revise.



DO'S

- Get in a routine of revising at a particular point everyday.
- Revise when you are well-rested or at a time when you are used to working.
- Take regular small breaks.

- Depend on when you want to revise (you may never want to!)
- Revise late at night or when you are tired.
- Try to force yourself to work for long periods of time without a break.



DON'TS



DON'TS



- Do you have music playing? (is it distracting?)
- Where is your mobile phone? (Is it beside you?)



From: Eyal & Li (2019)
'Indistractable'

How To RESIST DISTRACTION & increase cognitive control

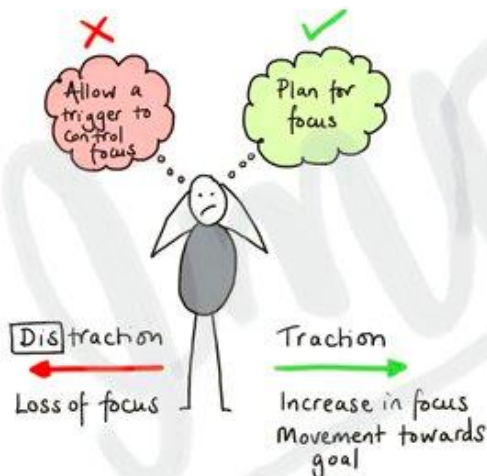
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Cognitive control is the ability to monitor, reflect on & govern our thoughts & actions. It is linked to attention, working memory & goal management.

5 STRATEGIES to increase cognitive control

- 1 Identify & acknowledge potential distractions e.g. tv, music, social media, games, chatter
- 2 Limit access to the distraction - turn phone off, work in a separate room to tv.
- 3 Work & reward in chunks - set a specific time limit on work time, e.g. work for 20 mins, Follow this with 10 mins reward time watching tv, playing outside, on social media.
- 4 Engage other's help - be transparent about the behaviour change. Tell others when you will be unavailable
- 5 Set your own goals. Don't just work to the teacher's deadline, decide how to break up that goal into manageable chunks.



When should I revise?



In order to revise effectively, you have to think hard. Thinking hard is tiring. Therefore, when you revise, you should choose a time when you find it easiest to focus. This should be a time when you are well-rested and when you are used to working.

Managing your time when revising

To help you with we are going to try the Pomo techniques. The pomo technique can help you manage your time and work on a task without distractions. It is also beneficial as it helps you become more disciplined and think about your work. The technique is designed to combat multitasking and improve concentration. For example an hour of revision could look like this:

Step 1		Pick a task
Step 2		Set a 15 min timer
Step 3		Work on your task
Step 4		Take a 5 min break
Step 5		Every 3 pomos take a 30 min break



In preparation for your Christmas exams you will have to think about a lot of different things which you will have to juggle. You need to revise independently so you can close specific gaps which you have in your knowledge.

However, because you have to plan your own independent revision, it's easy to forget revision or to only do it in large bursts right before an assessment.

Prioritise your subjects

- List all your subjects
- Rank your subjects from 1 - 12 (1 being the strongest)
- Also consider the order your exams come in during exam week.
- Then rewrite your list in the order you have numbered the subjects.

Christmas Exam

Design & Technology

English

French

Geography

History

Home Economics

Irish

LLW

Maths

Religion

Science

Your list:

Writing your timetable



1. Write in everything you have planned prior to creating your revision timetable (Going out for tea, playing sport, Christmas shopping etc).
2. Write in upcoming exams and deadlines.
3. Not every space needs to be full – leave yourself time to relax too!
4. Focus on the subjects in RED first, these are the ones you are least likely to choose – but they are the highest priority,
5. Write in the subjects you are going to cover and when, Be specific around what you will cover each time you sit down to revise.

WEEKLY REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
8:30AM -4PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	9AM- 10AM	BREAKFAST/ SHOWER	BREAKFAST/ SHOWER
4PM- 5PM	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	10AM- 11AM	REVISION - ENGLISH	REVISION - SCIENCE
5PM- 6PM	DINNER	DINNER	DINNER	DINNER	DINNER	11AM- 1PM	SEEING FRIENDS/ LUNCH	SPORT/ LUNCH
6PM- 7PM	REVISION - GEOGRAPHY	HOMEWORK	REVISION - HISTORY	REVISION - FRENCH	REVISION - SCIENCE	1PM- 3PM	REVISION - MATHS	REVISION - FLASH CARDS
7PM- 8PM	REVISION - MATHS	REVISION - ENGLISH	FREE TIME	HOMEWORK	FREE TIME	3PM- 5PM	OUT WITH FAMILY	SPORT/ TV/ GAMING
8PM- 9PM	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	6PM- 8PM	DINNER/ FREE TIME	DINNER/ FREE TIME



WEEKLY REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY



WEEKLY REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY



WEEKLY REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY

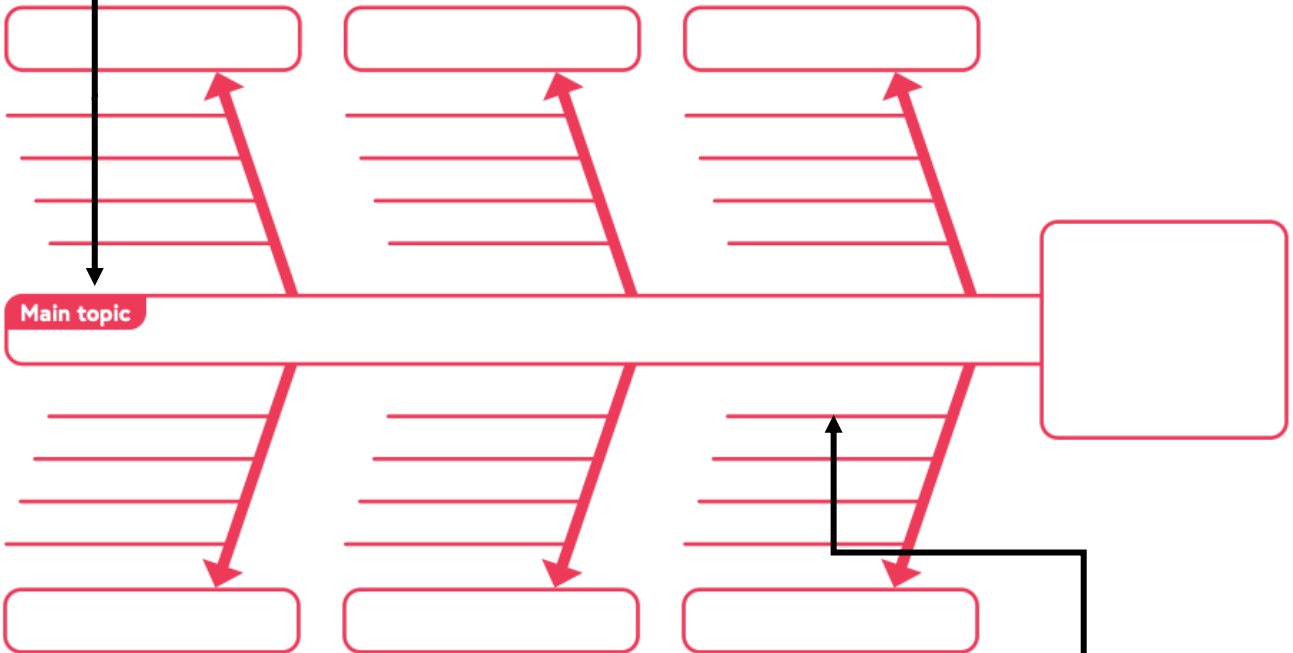


Starting Point

Add the main topic to be studied. Try to be as specific as possible.

Break the topic down into sections labelling a section with a key word or phrase. Add as many additional sections as needed. This chunking of information supports memory and recall.

Topic: _____



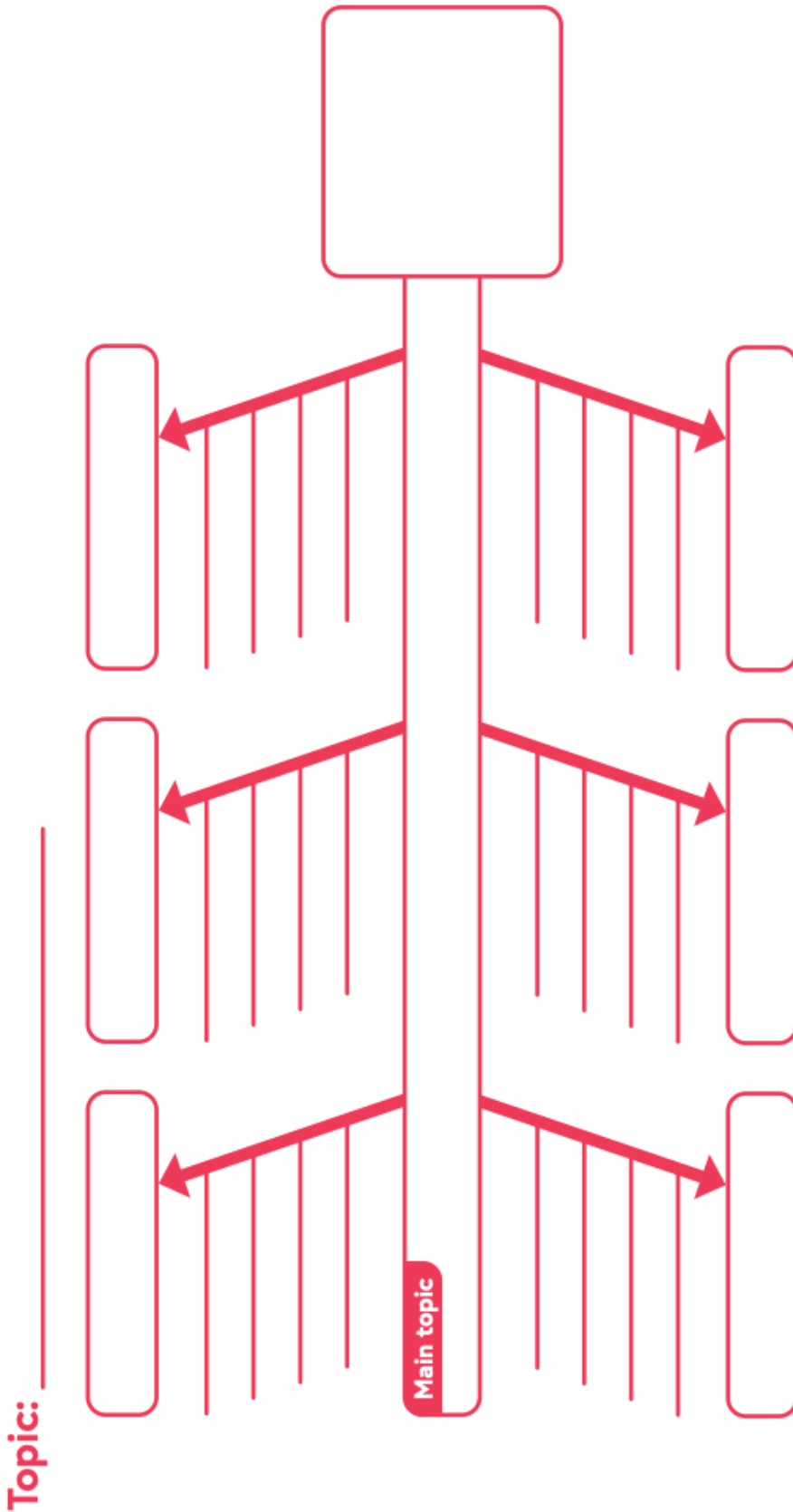
Break each section down into parts. Focus on key words and phrases. Avoid just copying notes across. Add as many small bones as required.

PURPOSE

This method can be used by students to explore a topic by breaking it down into smaller component parts. This helps to develop and strengthen recall of important information.

QUICK TIP

Try adding a different colour to each bone section to make them stand out and to support memory and faster recall. You could even add pictures or images to represent the key words and phrases.



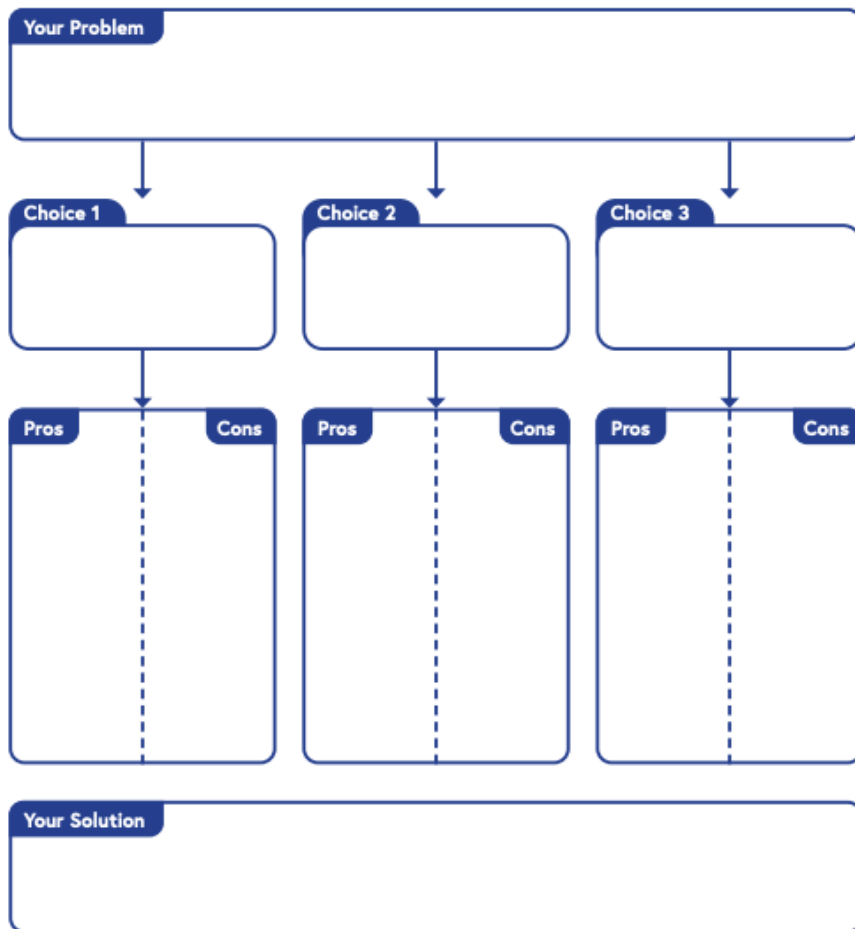
Problem/Solution Diagram



Starting Point

State the problem here, e.g. Global warming, Over population growth, Achieving gender equality, to name but a few. It could even be a past paper question.

Topic: _____



Present the various choices to solving the problem. There is room for 3 choices. However, more 'choice' boxes can be added if needed. Just be sure you are not repeating the same ones.

Explore the advantages (Pros) and disadvantages (Cons) of each of the choices.

When highlighting the advantages and disadvantages refer to your notes and other thoughts and considerations.

Finally, note down your solution having followed the steps. A summary of the reasons for your final choice can be added as well as your reasons for not choosing the others.

PURPOSE

This method can be used by students to explore various choices (and options) to solving a problem. It allows each possible approach to be analysed by looking at the 'pros' and 'cons' before presenting a final evidence-based conclusion. It supports the writing of essays or extended pieces of writing.

QUICK TIP

Try completing the diagram with someone else from your class. You can both agree the choices available and then one of you can consider the 'Pros' and the other the 'Cons'. Then, debate the solution

Problem/Solution Diagram



Topic: _____

Your Problem		
Choice 1	Choice 2	Choice 3
Pros Cons	Pros Cons	Pros Cons
Your Solution		

ON THE ONE HAND



Starting Point Insert the essay title. It can be taken directly from a past paper.			Set out precisely why you agree.			Set out precisely why you disagree.					
Essay Title											
I agree because..			I disagree because..								
1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
Conclusion											
Provide an explanation as to the points of agreement. Explain each point in detail.						Provide an explanation as to the points of disagreement. Explain each point in detail.					
Evaluative conclusion. Begin with: 'Overall I agree or disagree with the statement to _____ extent because _____.'											

PURPOSE

This method can be used by students to provide structure when writing essays and extended pieces of writing. It allows arguments to be clearly set out leading to a clear evidence-based conclusion.

QUICK TIP

Once the table is completed, directly use it to write the essay. Then on the following, or a different night try completing the essay without it to see the level of detail you can recall. Even try it under timed conditions.



Essay Title	
I agree because..	
1st	
2nd	
3rd	
I disagree because..	
1st	
2nd	
3rd	
Conclusion	



Starting Point

Choose your process/ progress/ chain of events and review your notes to decide on key points to include on your blockchain.

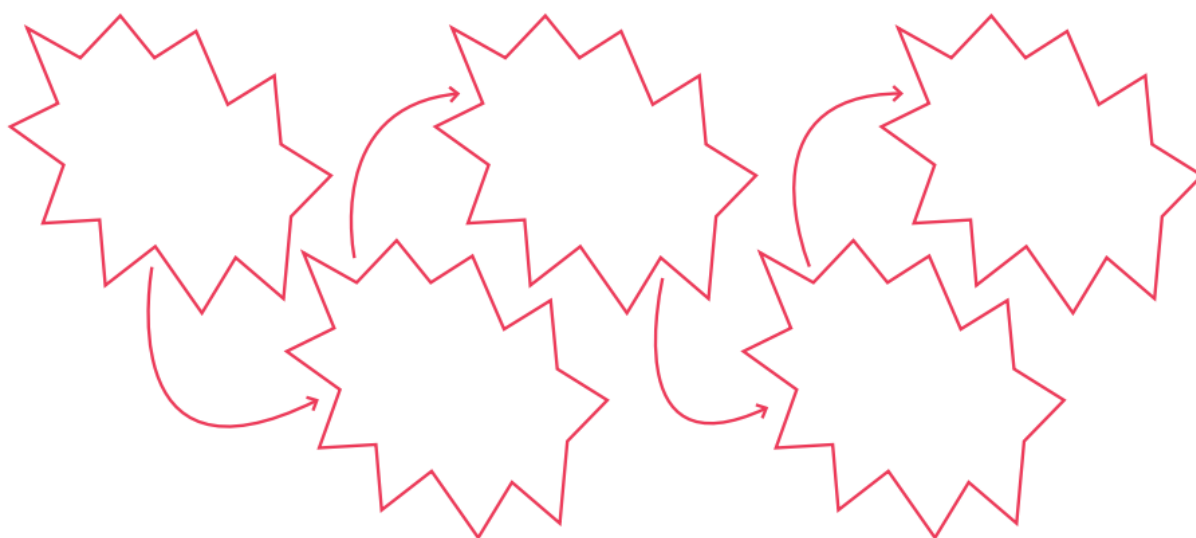
TOP TIP:

You can use your Blockchain as a quiz tool as well as for notetaking. Include questions / fill in the blanks along your chain to test your recall.

Subject: _____

Topic: _____

Date: _____



The connected shapes follow the order of the arrows to show the chronological steps in the process, in the progression or the explanation of the chain of events.

Use the connected shapes to make a note of the key information in the process / progress / chain of events. Try to stick to key words and brief explanations.

You can have as many or as few connected shapes as you need. Some of your connected shapes may have other connections off it to have further detail / examples.

PURPOSE

This method can be used by students to visually represent a process, progression or a set of instructions that they need to learn. It allows them to break down the different steps or pieces of information to chunk the learning.

QUICK TIP

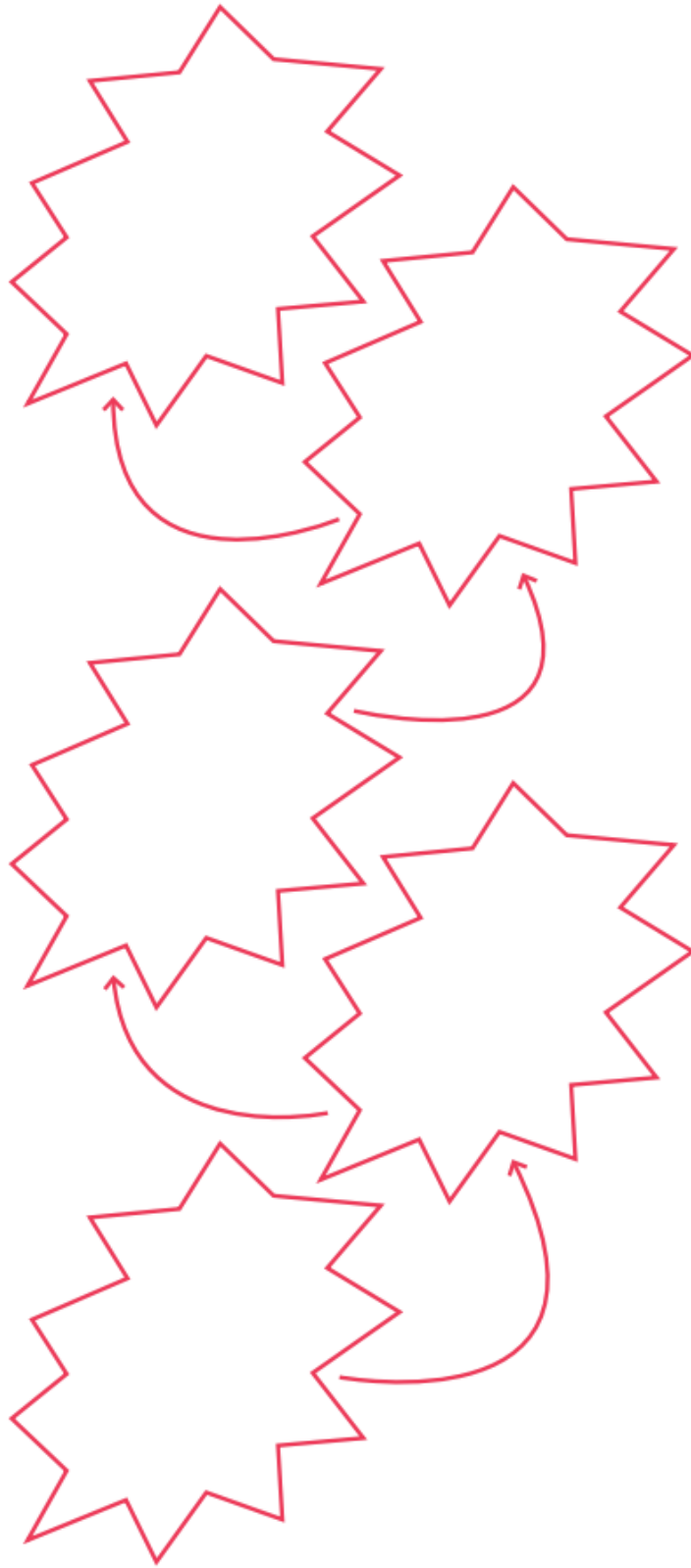
Include illustrations, shapes, colours and even animations to make blockchains more interesting.



Date: _____

Topic: _____

Subject: _____





Exam: Reading for Understanding

Topic: Writer's Craft (Purpose and Audience)

Resources: Pupils should use notes and work produced in lessons and homework

Exam

You must be able to:

- read the passage carefully and thoroughly
- identify key pieces of information from the passage
- explain your answers using the text to support your views
- summarise key points from the passage
- analyse language and structural choices made by the writer and their intended effect on the reader
- analyse tone used in the passage

You must revise the following features and their intended effect on the reader:

Language

Adjective; Verb; Noun; Adverb; Simile; Metaphor; Alliteration; Rhetorical Question; Onomatopoeia; Repetition; Rule of three/triplets; Statistics; Emotive Language; Facts; Opinions; Exaggeration; Exclamations.

Structure and Presentation

- Sentence lengths
- Paragraphs
- Subheadings
- Use of images
- Use of fonts



Topic	What to Learn?	Revision Complete
The Trenches and Weapons of WW1	Be aware of the trench system and the front-line trench.	
	Know about life for soldiers in the trenches.	
	Know the weapons of WW1.	
The Battle of the Somme	Know of the facts surrounding the battle of the Somme.	
	Understand the meaning/methods behind remembrance.	
The War at Sea	Be aware of the German U-boats.	
	Know the facts surrounding the Lusitania and 'Enter USA'.	
The End of WW1	Know the facts surrounding the end of WW1.	
	The Treaty of Versailles.	

Any additional notes...



Topic	Content
Programming - sprites	<ul style="list-style-type: none"> • What are they? • How do they work?
Programming - Loops and selection	<ul style="list-style-type: none"> • What are they? • Benefits of using
Programming - Algorithms	<ul style="list-style-type: none"> • What are they? • Importance of making
Programming - Variables	<ul style="list-style-type: none"> • What are they? • Benefits of using
Programming - Comments	<ul style="list-style-type: none"> • What are they? • Benefits of using

Any additional notes...



You will be asked to complete six sections and the questions will be asked from the topics below. Once you are confident that you know each topic, place a tick in the end column.

Topic 1 – Inclusion and exclusion	✓
Write down the meaning of inclusion	
Explain how Edmund Rice College can make everyone feel included	
Describe how workplaces can promote inclusion	
Topic 2 – Dealing with conflict	
What the meaning of conflict	
Explain one example of conflict	
Explain the causes of conflict	
Explain the ways to resolve conflict	
Topic 3 – Community relations	
Write down the meaning of cultural identity	
Explain one way that identity can be seen in NI	
Describe what the term “multi-cultural society” means	
Explain the benefits of living in a multi-cultural society	
Topic 4 – Equality and inequality & NGOs	
Write down the meaning of equality	
What down the 3 P’s of Section 75 of the 1998 NI Act	
Explain one way to promote equality for men and women	
Explain the aims of NGOs	
Topic 5 – Human rights denial	
Write down the meaning of “Child Marriage” and describe what human right is abused	
Explain one reason why torture takes place	
Explain the problems of worldwide torture	
Topic 6 – Source Question	
In this question you will asked to read information about the Good Friday Agreement and answer questions about this.	



You will be asked to complete six sections.

The questions will be asked from the topics below (we have covered these in class).

Once you are confident that you know each topic really well, place a tick in the end column.

Topic 1 – Decision Making	✓
Ways how decisions can be made	
Explain how decisions can be reached	
Goals that are set in school	
Topic 2 – My Options	
Examples of strategies that would help you learn	
Explain who helps young people with GCSE choices	
Explain skills that are used in the workplace	
Topic 3 – Being Employable	
Understand why people work	
Motivational factors in your career	
Explain skills to make a person more employable	
Topic 4 – Working for yourself	
What does self-employed mean?	
Understand which roles are classed as self-employed	
Explain steps to set up your own business	
Topic 5 – Source question	
In this question you will asked to read information about skills shortages and answer questions about this.	
Topic 6 - Entrepreneurship	
Evaluate the advantages and disadvantages of being your own boss	



Topic	What to Learn?	Revision Complete
Getting to know me	Explain with examples the meaning of Outer Self.	
	Explain with examples the meaning of Inner Self.	
	Explain different attitudes towards “Negative” feelings.	
What do I want to become?	Explain the importance of setting goals for yourself.	
	Retell the Parable of the Talents	
	Give examples of your own talents and abilities.	
The Beatitudes	List the Beatitudes.	
	Understand the values behind the Beatitudes and how they can influence our decisions.	
	Give examples of how people can follow the Beatitudes today.	
Death and Eternal Life	Describe what takes place during the stage of a funeral.	
	Define the terms Heaven, Hell and Purgatory.	
	Identify ways of being helpful to someone who is grieving.	

Any additional notes...



“ **SUCCESS** ALL
DEPENDS ON THE
SECOND LETTER. ”

Excellence
Respect
Care